

# THE HOLISTIC FAIR

## EVENT PROGRAM

**March 8th, 2026**

**11:00am - 5:00pm**

*Discover*

### FAIR OFFERINGS

- Holistic Therapies
- Intuitive Consultants
- Intentional Jewelry
- Aura & Chakra Photos
- Nutritional & Body Products
- Spiritual Teachers
- Healing Modalities
- Health & Fitness
- Wellness Practitioners  
(sessions available)

*Check Out the*  
**Intuitive  
Gallery**



**30 MINUTE TALKS: 11:30am - 5:30pm**



**[www.TheHolisticFair.com](http://www.TheHolisticFair.com)**



For more information, email [TheHolisticFair@gmail.com](mailto:TheHolisticFair@gmail.com)

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# *Visit All 4 Rooms!*

## **TRINITY BALLROOM**

**1st Floor – Vendors**

## **UNITY & RANCHVIEW ROOM**

**2nd Floor – Intuitive Gallery**

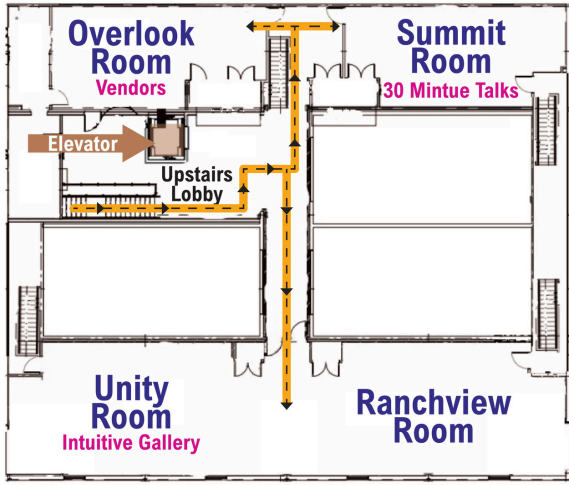
## **SUMMIT ROOM**

**2nd Floor – 30 Minute Talks**

## **OVERLOOK ROOM**

**2nd Floor – Vendors**

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**Scan to Join  
Our Mailing List!**



# 30 MINUTE TALKS

11:30am - 5:30pm

## PRESENTERS

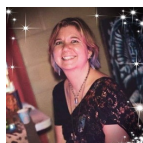


**11:30-12:00 – Mary Helen Schmidt**

**“Animals in Spirit: Their Perspectives & Ideas for Humans & Their Daily Life”**

Join Mary Helen as she creates a circle and sacred space for those who would like a message from their animal companion. In this space she will ask the animal(s) for advice about ways that will help, support and navigate their person through this new year. The advice can be given on behalf of a current or passed animal with a focus on healing, growth and deepening the animal and human relationship.

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**12:00-12:30 – Lavanga Schlette w/ Aditi's Sacred Space**

**“Sacred Sound, Open Heart-Mantra Meditation”**

Mantras are more than affirmations – they are magical and powerful friends. Done privately or collectively, learn how you can add mantra meditation to any current practice, and how it can become a key component to your personal self-care routine. Bring a mala if you have one...we'll be chanting!

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**12:30-1:00 – Lisette Ransdell**

**“Annual Profections: Identifying the Theme of Your Year”**

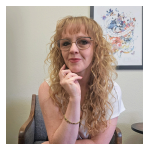
This 30-minute talk introduces Annual Profections, a traditional predictive technique from Hellenistic astrology used to identify the primary themes active in a given year of life.

Lisette will explain:

- What Annual Profections are and where the technique comes from
- How profections move one house per year
- How to identify the profected house and its Time Lord
- What the Time Lord represents in terms of yearly focus and life themes

The talk will include a clear overview of the method and one simple example to demonstrate how profections work in practice. This is an introductory talk designed to provide orientation and understanding of the technique, not full chart interpretation. To follow along, attendees may wish to have your date of birth, time of birth and place of birth.

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**1:00-1:30 – Katie M. Palmer, FDN-P**

**“Matrescence Method: Finding Yourself Within Motherhood”**

Motherhood is more than a life change—it is a transformation of body, mind, and identity. Yet many women move through this sacred transition feeling exhausted, overstimulated, and disconnected from themselves. In this 30-minute talk, Katie Palmer, FDN-P, explains why modern motherhood creates unprecedented levels of nervous system depletion, hormonal imbalances, and chronic fatigue—and what intelligent and realistic support truly looks like.

# 30 MINUTE TALKS

11:30am - 5:30pm

## PRESENTERS CONTINUED



**1:30-2:00 – Dr. Jason Dixon, D.C.**

**“Awakening your Cosmic Current”**

Most of humanity has forgotten the current of life flowing through us, closing down the flow of the very Source that sustains our being. Yet within you lies a luminous system, designed to channel the energy of love and vitality. In this interactive class, we will awaken that system, dissolve the blocks of disconnection, and remember together what it means to be a living conduit of Source. Come ready to open, to expand, and to let the cosmic current move freely once more.

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**2:00-2:30 – Stacy Montero Morris, MBA**

**“Becoming the Observer - How to Maintain Equilibrium in a Chaotic World”**

In a world that feels increasingly loud, reactive, and overwhelming, many people find themselves caught in cycles of stress, emotional exhaustion, and constant distraction. In this empowering talk, Stacy Montero Morris introduces the powerful concept of “Becoming the Observer.” By learning how to step back from automatic reactions and instead observe our thoughts, emotions, and external events, we gain the ability to respond with clarity rather than react from stress. Stacy will share simple yet powerful tools that integrate mindfulness, faith, and natural wellness practices to help you stay calm and centered during uncertain times, reduce emotional overwhelm and reactive stress, strengthen inner clarity and discernment, cultivate intentional responses rather than impulsive reactions & create a grounded presence for yourself and your family. Attendees will leave with practical techniques they can immediately apply to navigate life with greater peace, awareness, and resilience—no matter how chaotic the world around them may feel.

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**2:30-3:00 – Jason Carlson, CQTP/I**

**“Meet Your Guardian Angel”**

Are you interested in connecting with the Divine in a deeper way? Our Angels each have a divine purpose and specialties and are here to lovingly assist us if we ask. Enhance your life by learning how to build and strengthen these bonds of unconditional love and divine guidance, custom-made just for you. Relax into this sacred time of connection with the managing member of your God Team that is assigned to you for this lifetime! Jason will explain the process of connecting deeper with our Angels and then will guide the group in an exercise to each meet and experience the presence of their Guardian Angel.

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**3:00-3:30 – Angela Sellers, BAAS, MS**

**“Connections that Impact our Lives”**

Connections that Impact our Lives is an overview presentation meant to highlight the differences and similarities of the types of connections we encounter in our daily lives and why. The specific types of connections covered in this presentation briefly are yourself, background characters, karmics, soulmates, twin flames, and sacred unions. Each has their own places and role in our lives to assist us along the journey of healing and transformation.

# 30 MINUTE TALKS

11:30am - 5:00pm

## PRESENTERS CONTINUED



**3:30-4:00 – Coach Ken Kehs**

**“Exhausted, Anxious, and Still ‘Healthy’? The Hidden Hormone + Emotion + Energy Imbalances Keeping Women 30+ Stuck”**

Are you 30+ and doing everything right and yet still struggling with fatigue, brain fog, mood swings, or painful cycles? In this eye-opening talk, holistic wellness coach Ken explores the hidden connection between hormones, trapped emotions, and energy imbalances. Discover why symptoms persist even when labs look “normal” and learn a root-cause approach to restoring vitality, balance, and emotional well-being. If you’re ready to feel clear, calm, and energized again, this talk is for you.

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**4:00-4:30 – Patricia LaDale Lane, BMsc, ICRT LMRT**

**“Reiki Chat”**

Join Pattie Lane in an informal question and answer discussion where the topic is all about Reiki – a Japanese relaxation technique that also promotes healing.

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**4:30-5:30 – 1 hr. class w/ Sandy Winnette**

**\*\$30/person**

**“Our Holistic Moon”**

Join spiritual mentor **Sandy Winnette** for a transformative hour dedicated to celestial connection and inner peace. This session bridges the gap between the conscious mind and the spiritual realm, offering a sanctuary for those looking to align with the lunar cycle and the Moon Major Arcana Tarot card. Sandy begins the class by sharing an intimate and insightful **dream story**. This narrative serves as a catalyst for reflection, setting a soulful tone for the hour ahead and opening the door to collective spiritual exploration.

The second half of the class features a **20-minute guided meditation**. Designed as a “self-help hypnosis” session, you are encouraged to follow Sandy’s soothing guidance or simply drift off into your own internal landscape.

### **Benefits of attending:**

- **Deep Relaxation:** Make yourself comfortable and let the day’s stress dissolve during our focused lunar journey.
  - **Spiritual Growth:** Connect with the energies of the moon and the universe to gain clarity and perspective.
  - **Lasting Impact:** These “mini-classes” are designed to be revisited; many students return to these meditations whenever they need to ground themselves in the universe’s rhythm.
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# Intuitive Gallery



**Scan QR code to learn more about our Intuitives!**

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## **Connect and Heal Now – Ashley Tadlock RN**

Advanced Pranic Crystal Healer (Pranic: Feng Shui, Psychotherapy, Face Lift & Body Sculpt, Cellular), Emotion Code Clearing, Access Consciousness BARS, Soul Level Animal Communicator, Animal Healing, Psychic & Medium Readings, Health & Wellness & Spiritual Coaching

**ConnectAndHealNow.com**

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## **Cosmic Hart – Elizabeth Rose Hart**

Evidential Medium and Clairvoyant Intuitive

**CosmicHart.com**

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## **Divine Insight – Annette McClasky**

Intuitive Consultations with Divine Insight providing Clarification, Confirmation & Guidance for Clients seeking assistance. Offering Assistance in Uncovering 'blocks' that may be preventing the client from Achieving Spiritual, Physical, Mental & Emotional Health

**Facebook: Annette.mcclasky**

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## **Divine Purpose Mentor – Barbara Gale**

Barbara Gale works with the palms and fingerprints for life direction clarity and guides you toward self empowerment. Our fingerprint patterns represent the soul lessons and personality growth to be learned and mastered during our life journey. Barbara mentors how to live in flow with your gifts and life purpose from this map along with intuitive guidance.

**Facebook: BarbaraGaleBailey**

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## **Donna Tonasket Intuitive – Donna Tonasket**

Tarot & Mediumship Readings

**DFWHealer.com**

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## **Double Divination – Lisette Ransdell**

Offering Double Divination consultations, blending astrology and tarot to bring clarity, grounding, and direction during times of transition

**Double-Divination.com**

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## **Frequential Intuitive Rising – Sun-dar Anthony**

Ordained Minister, Spiritual Life Assessment Facilitator, Channeler, Psychic Medium, Intuitive Healer, Frequency Analyst, Spiritual Enlightenment through Tarot

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## **Helen Watson**

Tarot Card Readings, Handwriting Analysis, Astrology, Numerology, Feng Shui & Healing

**ups.watson@yahoo.com**

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## **Intuitive Readings by Hannah's Hands & Cards – Hannah Setu**

Hand, Face & Intuitive Readings

**HannahSetu.com**

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# Intuitive Gallery



**Scan QR code to learn more about our Intuitives!**

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## **It's My Nature – Mary Helen Schmidt**

Animal Communication Instructor & Practitioner, Medium, Quantum-Touch Practitioner, Shamanic Practitioner

**ItsMyNature-mhs.com**

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## **PsychicMari.net – Mari Weldon**

Clairvoyant Professional Artist/Psychic Medium offering Sketches of all the Souls gathered around the Readee & relaying their messages. The Sketches are yours to keep!

**PsychicMari.net**

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## **Rising Sun Studios – Lilith**

Readings: Akashic Records, Tarot, Oracle, Energy Clearing, Mediumship, Past Lives

**lilithblackmoon444.wixsite.com/risingsunstudios**

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## **Teresa Tobar**

Spiritual Healing, Channeling, Spiritual Tarot

**teresatobar94@gmail.com**

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## **The Lehman Sisters LLC – Madam Gwendolyn**

Tarot Readings, Psychic Mediumship, Dowser, Trauma Counselor, Home/house Cleansing

**TheLehmanSisters.com**

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## **The Practical Medium – Chris Brock**

Mediumship, Psychic Readings & Card Readings

**Instagram: thepracticalmedium\_31**

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## **The Tarot News – Sandy Winnette**

Offering Psychic, Tarot, Mediumship and UFO Readings as well as Handwriting Analysis and Psychometry

**TheTarotNews.com**

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# VENDORS/EXHIBITORS

## **Aditi's Sacred Space – Alicia Wanty & Lavanga Schlette**

Personal Guided Mantra Meditation, Meditation Beads & Books, Jewelry made from Crystals & Sacred Wood

**IG: @AditisSacredSpace**

---

## **Artio Artisanals – Bear & Wendy Griffin**

Tarot, Oracle & Rune Readings with Wendy, Handmade & Homegrown: Crystals, Fossils, Herbs, Oils, Candles, Jewelry, Talisman, Etched Copper, Crystal Grids, Fans, Runes, Divination Tools, Oddities & more

**ArtioArtisanals.com**

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## **Aura Bar Company – Victoria Munda**

Custom Essential Oil blends for roll-ons, pet friendly reed diffuser kits

**AuraBarCo.com**

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## **Empowered Phoenix, LLC – Angela Sellers**

Reiki, Tarot, Books

**Facebook: Empowered Phoenix**

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## **Evolve Holistic Center – Dr. Jason Dixon DC**

Energy center activations; Energy cleansing, balancing and training sessions; Molecular Hydrogen Inhalation Therapy sessions; and Health and Wellness Consultations

**FortWorthEvolve.com**

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## **FreeForm Chiropractic West 7th – Dr. Dustin Worthington D.C.**

Free Computerized Spinal Nerve Screenings, General Chiropractic Education

**FreeFormChiropractic.com/west7th**

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## **Independent Partner with Juice Plus+ – Michelle Walts**

Whole-Food, Plant-Powered Nutrition in capsule or drinkable form

**MichelleWalts.juiceplus.com**

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## **Jason Carlson Ascension – Jason Carlson**

Offering Angel Consultations, Quantum-Touch Energetic Sessions and workshop information. Sessions & classes are offered outside of the Fair, not at the event. Jason is a Quantum-Touch Level 1 & 4 Instructor, Gathering of Angels Instructor, Healing with Angels Instructor & the Co-Founder and Director of The Holistic Fair.

**JasonCarlsonAscension.com**

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## **Lavender Luminosity – Tatum Hunter**

Crystal Jewelry, Raw Stone/Specimens, Spheres, Hearts, Towers, Slabs, Palms

**IG: @LavenderLuminosity**

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## **Lee Business Marketing – Conscious Lee Creative – Sandra Lee**

Beautiful journals, inspirational books, and unique gifts for every age and budget. Words heal. Stories connect. Legacies live on—discover premium ghostwriting services and content creation for thought-leaders. At Conscious Lee Creative, Sandra helps heart-centered professionals share their story through meaningful writing that inspires change and profit. Come by her booth for Sandra Lee's author book signing and a free gift that sparks your next chapter!

**LeeBusinessMarketing.com**

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# VENDORS/EXHIBITORS

## **Merciful Healing – Mercedes Calderon**

Holy Fire Reiki Sessions, Singing Bowls, Candles, Jewelry, Sprays & Crystals

**Facebook & IG: MercifulHealing**

---

## **Positive Pathways Texas – Andrea Clark**

Bath Salts, Sugar Scrubs, Body Butters, Healing Salves, Essential Oil, Bessoms

**IG: PositivePathwayTexas**

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## **Rabbit Hole Health Coaching, LLC – Coach Ken Kehs**

Rabbit Hole Health Coaching supports health-conscious women 30+ in uncovering the root causes of fatigue, hormone imbalance, brain fog, and mood challenges. By combining hormone support, emotional release techniques, and energy balancing, clients receive a personalized roadmap designed to restore vitality and long-term wellness. Rather than chasing symptoms, Rabbit Hole Health Coaching provides a clear, structured path toward sustainable, whole-person health

**RabbitHoleHealthCoaching.com**

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## **Rebel Bees Raw Honey & Young Living Essential Oils – Stacy Montero Morris, MBA**

Rebel Bees Raw Honey & Young Living Essential Oils

**StacyMonteroMorris.lifestepseo.com**

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## **Reiki Healing TX – Sharon Glenn Spiess**

Sessions combining Usui & Holy Fire Reiki along with Peruvian Shaman modalities of energy work together to create sessions tailored to the specific request of the client. Offering either a 30 minute chakra balancing session or a 1-hour full body energy movement session

**ReikiHealingTX.com**

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## **Restore Health Naturally – Katie M. Palmer, FDN-P**

Live Blood Analysis

**KatiemPalmer.net**

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## **Sacred Spaces by Patricia – Patricia LaDale Lane, BMsc, ICRT LMRT**

Card readings and crystal readings (via dowsing the stones) also bracelets custom made in customer's size and choice of stones, large selection of tumbled stones

**SacredSpacesByPatricia.com**

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## **Sherri's Bake Shop – Sherri Robinson**

Sweet breads, brownies, chocolate dipped treats & more

**FB & IG: @SherrisBakeShop**

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## **Sole Sister – Dinah Sherrill**

Reflexology

**dinahshe@gmail.com**

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## **Solex Bioresonance Scans – Debra Payne**

BrainTap and Solex Bioresonance Scans

**Shop.solexnation.com/divinewellness888/home**

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## **Spirit Treasure Trove – Jovine Marcotti, Faith & Eleanora John**

Handmade Crystal Jewelry using Precious Metals, specializing in Custom Orders via individual Natal Charts.

**SpiritTreasureTrove.com**

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# VENDORS/EXHIBITORS

## **Spiritual Arts Institute N. TX Chapter – Melinda Noble**

Direct Divine Light Healing Sessions

**SpiritualArts.org**

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## **Red Tailed Hawk Arts – Jorge Portillo**

Indigenous Arts and Crafts

**IG: RedTailedHawkArts**

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## **SuperPatch – Dee Ann Reyes**

Offering balance tests demos with a free patch, plus sample packs for sale

**deeanreyes.superpatch.com**

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## **Treasures from Above – Lisa Sullivan**

Unusual & Authentic Gemstones & Crystals including hand-carved themed pieces, Sacred Geometry carvings and natural pieces. Quality Jewelry. Elemental Healing Supplies, Spiritual Items. Huge variety to choose from and all are one-of-a-kind. All pieces are charged with 532 Hz. Rife.

**FB: Lisa Sullivan**

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## **Tsidkenu Gemstone Consortium LLC – Stephen Banda**

Authentic Gemstones from Africa

**Info@tgcllc25.com**

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## **Twisted Candle Company – Robert Del Quadro**

Hand Crafted Parasoy & Beeswax Candles including: Skulls, 3rd Eye Cats, Owls, Male/Female Ritual, Santa Muerte, Day of the Dead Skulls & similar styles

**TwistedCandleCompany.com**

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## **Wings Design Studio/Winking Buddha – Elizabeth Rondeau**

Kokedama (moss ball) Plants + vintage & hand made jewelry in sterling silver with semi precious stones

**WingsDesignStudio.com**

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## **Yangua Wellness – Steven Yates**

Tea, Honey, Agave & Herbs

**YanguaWellness.com**

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## **Yoga and Massage with Lindsey R – Lindsey R.**

15 minute relaxing chair massage for \$25.00

**IG: @YogaAndMassageWithLindseyR**

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## **ZenTalas by Stacey – Stacey Smith**

Reiki Treatments, Healing Crystal Jewelry, Handmade Malas, Crystals, Incense

**FB & IG: @ZenTalabyStacey**

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# Helen Watson

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# Sole Sister

**Dinah Sherrill**  
dinahshe@gmail.com



**Ebony Sylvester**

[www.HersheysHolistic.com](http://www.HersheysHolistic.com)



FB: LAMU POWER  
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**Kris Gray**



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of Angels Instructor**

[Hello@JasonCarlsonAscension.com](mailto>Hello@JasonCarlsonAscension.com)

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[JasonCarlsonAscension.com](http://JasonCarlsonAscension.com)

### Gathering of Angels

“Connect w/ your Guardian Angel & Team”

5/2 & 5/3 in Burleson, TX

### Quantum-Touch Level 1

“Becoming Energized”

4/25 & 4/26 in Burleson, TX

### 1-1 Sessions

By Appointment, In-Person & Distant

*Patricia LaDale Lane*

SPIRITUAL TEACHER AND MENTOR

### Is Reiki Calling to You?

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Patricia LaDale Lane, LMRT, BMSc, ICRT

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[SacredSpacesByPatricia.com](http://SacredSpacesByPatricia.com)

